

Health Benefits

Putting the pieces together **to improve your health**.



EMPLOYEE AND RETIREE RATE SHEETS EFFECTIVE 01/01/2020 THRU 12/31/2020

MEDICAL - EMPLOY	EE MONTHI	Y PREMIUN	/I RATES	MEDICAL - EMPLOYEE BI-WEEKLY PREMIUM RATES				
Plan Name	Employee Only	Employee & Child or Employee & Spouse	Employee & Family	Plan Name	Employee Only	Employee & Child or Employee & Spouse	Employee & Family	
CAREFIRST BLUECROSS BLUESHIELD PPO	\$102.00	\$183.58	\$254.98	CAREFIRST BLUECROSS BLUESHIELD PPO	\$51.00	\$91.79	\$127.49	
CAREFIRST BLUECROSS BLUESHIELD EPO	\$68.08	\$142.86	\$176.98	CAREFIRST BLUECROSS BLUESHIELD EPO	\$34.04	\$71.43	\$88.49	
KAISER	\$67.70	\$142.08	\$176.02	KAISER	\$33.85	\$71.04	\$88.01	
UNITEDHEALTHCARE PPO	\$100.32	\$180.60	\$250.84	UNITEDHEALTHCARE PPO	\$50.16	\$90.30	\$125.42	
UNITEDHEALTHCARE EPO	\$68.48	\$142.42	\$169.82	UNITEDHEALTHCARE EPO	\$34.24	\$71.21	\$84.91	

PRESCRIPTION DRUG - EMPLOYEE MONTHLY PREMIUM RATES					PRESCRIPTION DRUG - EMPLOYEE BI-WEEKLY PREMIUM RATES				
CVC Commonly	Employee Only	Employee & Child	Employee & Spouse	Employee & Family	CVC Commonly	Employee Only	Employee & Child	Employee & Spouse	Employee & Family
CVS Caremark	\$45.08	\$59.90	\$74.80	\$90.14	CVS Caremark	\$22.54	\$29.95	\$37.40	\$45.07

DENTAL - EMPLOYEE MONTHLY PREMIUM RATES					DENTAL - EMPLOYEE BI-WEEKLY PREMIUM RATES				
Plan Name	Employee Only	Employee & Child	Employee & Spouse	Employee & Family	Plan Name	Employee Only	Employee & Child	Employee & Spouse	Employee & Family
DELTA DENTAL DHMO	\$7.80	\$15.64	\$13.60	\$21.96	DELTA DENTAL DHMO	\$3.90	\$7.82	\$6.80	\$10.98
UNITED CONCORDIA DPPO	\$11.64	\$22.24	\$23.26	\$43.60	UNITED CONCORDIA DPPO	\$5.82	\$11.12	\$11.63	\$21.80

Rates may vary from what appears on your paystub due to rounding.

MEDICAL - RETIREE MONTHLY (WITHOUT MEDICARE) PREMIUM RATES							
Plan Name	Retiree Only	Retiree & Child or Retiree & Spouse	Retiree & Family				
CAREFIRST BLUECROSS BLUESHIELD PPO	\$102.00	\$183.58	\$254.98				
CAREFIRST BLUECROSS BLUESHIELD EPO	\$68.08	\$142.86	\$176.98				
KAISER	\$67.70	\$142.08	\$176.02				
UNITEDHEALTHCARE PPO	\$100.32	\$180.60	\$250.84				
UNITEDHEALTHCARE EPO	\$68.48	\$142.42	\$169.82				

MEDICAL - RETIREE MONTHLY (WITH MEDICARE) PREMIUM RATES									
Plan Name	Retiree Only With Medicare	Retiree + 1, 1 With Medicare	Retiree + 1, Both With Medicare	Retiree + 2, 1 With Medicare	Retiree + 2, 2 With Medicare	Retiree + 2 or More, All With Medicare	Retiree + 3 or More, at Least 1 Without Medicare		
CAREFIRST BLUECROSS BLUESHIELD PPO	\$51.00	\$152.98	\$102.00	\$234.56	\$203.98	\$152.98	\$254.98		
CAREFIRST BLUECROSS BLUESHIELD EPO	\$33.56	\$101.08	\$73.74	\$168.60	\$107.54	\$92.24	\$176.98		
UNITEDHEALTHCARE PPO	\$50.16	\$150.48	\$100.32	\$230.76	\$200.66	\$150.48	\$250.84		
UNITEDHEALTHCARE EPO	\$45.22	\$113.70	\$90.44	\$169.82	\$155.26	\$135.66	\$169.82		

PRESCRIPTION DRUG - RETIREE MONTHLY (WITHOUT MEDICARE) PREMIUM RATES						
cvs	Retiree Only	Retiree & Child	Retiree & Spouse	Retiree & Family		
Caremark	\$55.64	\$73.96	\$92.36	\$111.30		

	PRESCRIPTION DRUG - RETIREE MONTHLY (WITH MEDICARE) PREMIUM RATES									
CVS Caremark	Retiree Only with Medicare	Retiree + 1, Retiree with Medicare	Retiree + 1, Dependent with Medicare	Retiree + 1, both with Medicare	Retiree + 2, Retiree with Medicare	Retiree + 2, Dependent with Medicare	Retiree + 2, 2 with Medicare	Retiree + 2 or more, all with Medicare	Retiree + 3 or more, Retiree with Medicare	Retiree + 3 or more, 1, 2, or 3 with Medicare
	\$40.04	\$70.38	\$73.26	\$66.38	\$95.68	\$95.68	\$81.64	\$80.08	\$95.68*	\$95.68**

*FAMILY COVERAGE RETIREE W/MEDICARE AND/OR OTHER DEPENDENTS W/MEDICARE **FAMILY COVERAGE RETIREE NO MEDICARE AND 1 OR MORE DEPENDENTS W/MEDICARE

DENTAL - RETIREE MONTHLY PREMIUM RATES							
Plan Name	Retiree Only	Retiree & Child	Retiree & Spouse	Retiree & Family			
DELTA DENTAL DHMO	\$7.80	\$15.64	\$13.60	\$21.96			
UNITED CONCORDIA DPPO	\$11.64	\$22.24	\$23.26	\$43.60			

Rates may vary from what appears on your paystub due to rounding.

TERM LIFE INSURANCE PREMIUM RATES							
Age of Employee/ Retiree	Monthly Employee/Retiree Rates (per \$1,000)	Age of Spouse	Monthly Spouse Rates (per \$1,000)				
Under 30	\$0.03	Under 30	\$0.09				
30 to 34	\$0.04	30 to 34	\$0.10				
35 to 39	\$0.05	35 to 39	\$0.12				
40 to 44	\$0.08	40 to 44	\$0.18				
45 to 49	\$0.13	45 to 49	\$0.28				
50 to 54	\$0.20	50 to 54	\$0.42				
55 to 59	\$0.37	55 to 59	\$0.65				
60 to 64	\$0.52	60 to 64	\$1.00				
65 to 69	\$0.77	65 to 69	\$1.45				
70 to 74	\$1.38	70 to 74	\$2.28				
75 to 79	\$2.06	75 to 79	\$2.28				
80 and older	\$2.06	80 and older	\$2.28				

ACCIDENTAL DEATH & DISMEMBERMENT INSURANCE PREMIUM RATES							
Plan Coverage Level	Employee Only Monthly Rates	Employee + Family Monthly Rates					
\$100,000	\$1.20	\$2.30					
\$200,000	\$2.40	\$4.60					
\$300,000	\$3.60	\$6.90					

Rates may vary from what appears on your paystub due to rounding.